2nd CYPRUS BREAST RECONSTRUCTION MEETING
07/08 October 2016
Nicosia, Cyprus

Organized by:
Department of Plastic Surgery &
Burn Unit of Nicosia General Hospital
Cyprus Medical Association

Under the auspices of:
Ministry of Health

Supported by:
Cyprus Medical Association
Hellenic Society of Wound Healing & Chronic Ulcers
The Cyprus Nurses & Midwives Association

Conference Venue:
Hilton Park Hotel

11 CME points will be accredited by CMA
8,3 CME points will be accredited by CYNMA

www.cyprusbreastmeeting.com
Το SCARFIX™ είναι ένα μοναδικό σύστημα α’όλο τον κόσμο.
Ένα σύστημα θεραπείας δερματικής αποκατάστασης για ουλές που προέρχονται από πληγές, χειρουργικές επεμβάσεις, εγκαύματα, ακμή κ.λ.π.
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Το SCARFIX™ διαπίπτει στα φαρμακεία:

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ΟΔΗΓΙΕΣ ΧΡΗΣΗΣ & ΣΥΝΤΗΡΗΣΗ

ΖΕΛΕ - Πλένετε καλά το δέρμα με σαπούνι και νερό, σκουπίστε καλά. Απλώστε λίγο από το ζελέ, έτσι ώστε να καλυφθεί καλά η περιοχή της ουλής και περίπου ένα εκατοστό δέρματος γύρω από αυτήν.
Συσπερνήστε όλα τα φορές την ημέρα.

ΤΑΙΝΙΕΣ ΣΙΛΙΚΟΝΗΣ - Η ταινία σιλικόνης θα τερματίσει καθημερινά για ελάχιστη διάρκεια εξ οχύρων και μέγιστη διάρκεια οκτώ οχυρών.
Η ιδία μπορεί να χρησιμοποιηθεί περισσότερο από μία φορά. Έχει διάρκεια ένα χρόνο. Η ελαστικότητα της ταινίας επανέχειται πλέοντας την με χλαρό νερό και αφήνοντας την να στεγνώσει.
Σε περίπτωση χρήσης ζελε και σιλικόνης, θα χρησιμοποιήσετε πρώτα το ζελε και θα εφαρμοστεί το strip από πάνω, ή το ζελ το πρώτο και το strip το άλλο.

ΓΙΑ ΚΑΛΥΤΕΡΑ ΑΠΟΤΕΛΕΣΜΑΤΑ, ΤΟ ΣΥΣΤΗΜΑ SCARFIX™ ΘΑ ΠΡΕΠΕΙ ΝΑ ΧΡΗΣΙΜΟΠΟΙΗΘΕΙ ΚΑΘΗΜΕΡΙΝΑ
Μπορεί να χρησιμοποιηθεί το ζελε ή το strip ή και τα δύο μαζί,
ΑΝΑΛΟΓΑ ΜΕ ΤΙΣ ΟΔΗΓΙΕΣ ΤΟΥ ΓΙΑΤΡΟΥ ΣΑς.

ΑΝ ΣΕ ΠΕΡΙΠΤΩΣΗ ΑΛΛΕΡΓΙΚΗΣ ΑΝΤΙΔΡΑΣΗΣ, ΜΕΤΑ ΤΗ ΧΡΗΣΗ ΤΟΥ ΖΕΛΕ ή ΤΗΣ ΣΙΛΙΚΟΝΗΣ SCARFIX™ ΕΠΙΚΟΙΝΩΝΗΣΤΕ ΜΕ ΤΟ ΓΙΑΤΡΟ ΣΑς.

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Τηλ.: 22 590 447, 99 550 886
Dear friends and colleagues,

Following the success of the 1st Cyprus Breast Reconstruction Meeting which took place in October 2014, the Department of Plastic Surgery and Burn Unit of Nicosia General Hospital is proud to announce the materialization of the 2nd Cyprus Breast Reconstruction Meeting, held at the Hilton Park Hotel in Nicosia, on the 7th and 8th of October 2016.

It is a great pleasure for me to welcome you to the 2nd Cyprus Breast Reconstruction Meeting, an international meeting, which covers a multidisciplinary viewpoint and approach to breast cancer disease by the most highly respected professionals in the field. The meeting brings together specialists, medical, surgical, radiation breast therapists, psychologists, psychotherapists, physical therapists and nurses with common interest in breast cancer.

The internationally reputable faculty that has been invited will present the latest advances and hot topics on breast cancer treatment. Our main aim through the meeting is to provide the knowledge of the most recent treatment through lectures, discussions, controversies and workshops.

We welcome each and every one of you to the capital of Cyprus this time, Nicosia!

Georgia Koulermou MD, PhD
Director, Department of Plastic Surgery and Burn Unit
Nicosia General Hospital
Conference Chair

ORGANIZING COMMITTEE

Georgia Koulermou - Conference chair
Charis Petrou - Co-Chair
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Maria Daniel

Ioanna Zouvani
Mary Vasileiou
Marios Genagritis
Demetra Botsari
Athinoula Georgiadou
Mary Kyriakou
Irene Stekka
Androniki Andreou
GENERAL INFORMATION

Meeting Duration
The scientific program of the meeting will commence on Friday morning, the 7th of October 2016 and will end on Saturday 8th of October 2016.

Venue
The meeting will be held at the Hilton Park Hotel, a superior 4-star Hotel located in a peaceful neighbourhood; the hotel is close to many museums, entertainment areas and is a ten-minute drive from the city centre of Nicosia, Cyprus.

Exhibition
A pharmaceutical exhibition will be running in the main conference room “Ledra B” throughout the duration of the meeting.

Meeting Language
The official language of the meeting is English.

Climate
Cyprus enjoys a Mediterranean climate with long dry summers from mid-May to mid-October and with mild winters from December to February, which are separated by short autumn and spring seasons. The average temperature in October is 28° C daytime falling to 16° C in the evenings.

Registration Desk - Information
It is imperative that all participants are registered and have their badges in order to gain access to all sessions, exhibition, coffee and lunch breaks as well as the welcoming cocktail - lunch. Please visit the Registration Desk, which will be operating throughout the duration of the meeting, for any additional information or assistance you might need.

Social Events
– Welcoming Cocktail-Lunch, Friday 7/10, 13:30-15:00 – Hilton Park Hotel
  Enjoy your welcome drink with the inimitable sounds of saxophone. Light Lunch will follow.

– Gala Dinner, Friday 7/10, 20:30-00:00 – Paragadi, Nicosia
  Paragadi Cyprus Mediterranean fish tavern in Nicosia, brings unique gourmet pleasures to all visitors with respect and high quality service. Tickets available at the registration desk.

Conference Management Company
Top Kinisis Travel Plc Ltd
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Fax: +357 22869744
synedrio@topkinisis.com
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<td>Andree Christoph</td>
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07 October 2016

08.30-10.00 OPENING - ROUND TABLE

BREAST CANCER - THE BASICS
Discussion: Nicolaos Nicolaou, Christina Oxinou

- Back to basics from the oncologists view, Dr. Yiola Marcou
- Breast Cancer after neoadjuvant therapy. Pathological approach, Dr. Georgios Georgiou
- Radicality in breast conserving surgery. Surgical approach and specimen handling, Dr. Evros Kitiris
- The role of the nurse at the breast clinic, Mrs. Eirini Stekka, NR

10.00-10.20 KEYNOTE LECTURE
ANAPLASTIC LARGE CELLS LYMPHOMA, Dr. Demosthenis Tsoutsos
Discussion: Yiola Marcou, Sofokles Nicolaides

10.20-10.40 Coffee Break

10.40-12.10 ROUND TABLE

THE AESTHETIC BREAST, FROM DIFFERENT PERSPECTIVE
Discussion: Stefano Pombei, Michalis Theofanous

- Aesthetic Breast Surgery, concepts and techniques, Dr. Elizabeth Hall Findlay
- Preventing mastectomy, the Aesthetic Surgical Approach, Dr. Georgia Koulermou
- Is Ongoplastic Surgery an aesthetic breast procedure?, Dr. Gerald Gui
- Breast shaping with autologous tissue. How often do I revise the flap, Dr. Christoph Andree
07 October 2016

12.10-13.30 ROUND TABLE

RADIATION THERAPY AND RECONSTRUCTION, HOW DOES IT AFFECT
Discussion: Rado Zic, Lefteris Demitriou

■ The implant based reconstruction, Dr. Stefano Pompei
■ ADM and Meshes, Dr. Gerald Gui
■ The reconstruction with autologous tissues, Dr. Rado Zic
■ Local therapy for irradiated and advance local wound, Mr. Charis David, NR

13.30-15.00 Welcoming Cocktail - Lunch

15.00-16.00 FREE PAPERS
Discussion: Phanos Michael, Spyros Rekatsinas

■ Breast Reconstruction following mastectomy for breast cancer. The treatment pathway of Plastic Surgery Department of Nicosia General Hospital
G. Christodoulou, P. Ermogenous, C. Petrou, G. Koulermou
Department of Plastic Surgery and Burn unit, Nicosia General Hospital, Nicosia, Cyprus

■ Short and long term complications following autologous and two stage breast reconstruction. The experience of Plastic Surgery Department of Nicosia General Hospital during the last 20 years
S. Economou, C. Doula, Ph. Michael, G. Koulermou
Department of Plastic Surgery and Burn Unit, Nicosia General Hospital, Nicosia, Cyprus

■ Breast Reconstruction at Ipswich Hospital: A Satisfaction Survey of Using Mesh with Implant
T. Pezas, C. Mortimer
Ipswich Hospital NHS Trust, Ipswich, UK
Breast reconstruction after mastectomy: Our experience.
C. Damaskos¹, C. Doula², K. Kontzoglou¹, D. Vardakostas¹, M. Frangoulis¹

¹ Second Department of Propedeutic Surgery, “Laiko” General Hospital, National and Kapodistrian University of Athens, Medical School, Athens, Greece.

² Department of Plastic surgery & Burns, Nicosia General Hospital, Nicosia, Cyprus

Poland Syndrome - Breast reconstruction after mastectomy: Our experience.
C. Damaskos, K. Kontzoglou, D. Vardakostas, M. Frangoulis

Second Department of Propedeutic Surgery, “Laiko” General Hospital, National and Kapodistrian University of Athens, Medical School, Athens, Greece

Retrospective study of breast surgery cases in General Surgery Department of Nicosia General Hospital
C. Parpounas, A. Khese, P. Charalambous, A. Chrysochos

General Surgery Department Nicosia General Hospital, Nicosia, Cyprus

Phantom breast syndrome - A mind game
M. Hatzipieras, N. Hatzipieras

Athens Medical Center, Athens, Greece
07 October 2016
16.00-17.30 HOW I DO IT
Discussion: Rado Zic, Christian Popa

- The role of sentinel node dissection in preventing mastectomy
  Dr. Pambos Charalambous

- Pre-designed breast shaping in autologous breast reconstruction with free abdominal flaps
  Dr. Efterpi Demiri

- The DIEP flap how I do it
  Dr. Christoph Andree

- Microsurgical Breast Reconstruction with DIEP flap
  Dr. Andreas Gravvanis
08.00-09.00  FREE PAPERS

Discussion: Maria Vassiliou, Angelos Karatzias

- Cat-tastrophe!: An Unexpected Case of Breast Abscess and Bacteremia Due to Pasteurella Infection
  Z. Nealy, V. Gidwani, C. Derber
  *Department of Internal Medicine, Eastern Virginia Medical School, Norfolk, Virginia, United States of America*

- Long term results of nipple reconstruction, pearls and pitfalls
  C. Doula, G. Christodoulou, C. Yiallouros, G. Koulermou
  *Plastic Surgery Department and Burn unit, Nicosia General Hospital, Nicosia, Cyprus*

- Post operative monitoring and pharmacotherapy following free flaps operations for breast reconstruction at Nicosia General Hospital
  P. Ermogenous, C. Petrou, S. Oikonomou, G. Koulermou
  *Plastic Surgery Department, Nicosia General Hospital, Nicosia, Cyprus*

- Comparing the Internet to Official Patient Information Resources for Breast Reduction Surgery
  T. Pezas
  *Buckinghamshire Healthcare NHS Trust, Aylesbury, UK*

- Less Surgery: New Standard In Breast Cancer Treatment
  E. Demetriou, V. Maltampe, S. Phanis, M. Hadjicosta
  *Surgical clinic, Limassol General Hospital, Limassol, Cyprus*
08 October 2016

- **Primary Melanoma of the breast: A rare entity**
  
  C. Damaskos¹, C. Doula², K. Kontzoglou¹, A. Nonni³, PT. Arkoumanis⁴, D. Vardakostas¹, M. Frangoulis¹

  ¹ Second Department of Propedeutic Surgery, “Laiko” General Hospital, National and Kapodistrian University of Athens, Medical School, Athens, Greece.

  ² Department of Plastic surgery & Burns, Nicosia General Hospital, Nicosia, Cyprus.

  ³ First Department of Pathology, Medical School, National and Kapodistrian University of Athens, Greece.

  ⁴ Second Surgical Department, “Aretaieion” Hospital, National and Kapodistrian University of Athens, Medical School, Athens, Greece.

- **Is a positive sentinel lymph node an indication for axillary clearance?**
  
  Our experience in General Surgery Department of Nicosia General Hospital

  A. Rousounidou, P. Charalambous, A. Chrysochos

  General Surgery department Nicosia General Hospital, Nicosia, Cyprus

09.00-09.30  **KEYNOTE LECTURE**

**ACCEPTANCE AND COMMITMENT THERAPY FOR COPING WITH PSYCHOLOGICAL CHALLENGES IN PATIENTS WITH BREAST CANCER**

Dr. Maria Karekla

Discussion: Gideon Menda, Stephanie Christodoulidou
08 October 2016

09.30-10.50 ROUND TABLE

FACING THE SOCIAL - PSYCHOLOGICAL CHALLENGES OF THE ILLNESS
Discussion: Stella Kyriakidou, Maria Karekla, Andreas Vassiliou

- The break of the illusion of invulnerability, Dr. Gideon Menda
- Through the eyes of a therapist. The journey of breast cancer, Dr. Stephanie Christodoulidou
- Self awareness and creativity group. A Paphos PASYKAF program of emotional and social rehabilitation of cancer patients, Dr. Dominique Kanaris-Verplancken
- The role of Rehabilitation Nurse in Breast Cancer, Mrs. Demetra Gavrielidou, NR

10.50-11.10 Coffee Break

11.10-11.45 KEYNOTE LECTURE

REOPERATION OF THE AESTHETIC BREAST, Dr. Elizabeth Hall Findlay
Discussion: Giorgos Psaras, Georgia Koulermou
08 October 2016

11.45-13.05 ROUND TABLE

MASTOPEXY - AUGMENTATION – REDUCTION
Discussion: Elizabeth Hall Findlay, Haris Zavrides

- How I do it to reach the safest and the best aesthetic result or outcome, Dr. Theodoros Voukidis
- «Dermal cage» modification of inferior pedicle breast reduction, Dr. Zic Rado
- Simultaneous mastopexy with breast augmentation, Dr. Nicos Mandas
- Reconstruction of shape and volume in post bariatric patient, Dr. Ourania Castana

13.05-14.15 Lunch Break

14.15-15.45 ROUND TABLE

AUTOLOGOUS TISSUES
Discussion: Giorgos Psaras, Ourania Castana

- Immediate delayed autologous (IDEAL) breast reconstruction: A new concept, Dr. Christoph Andree
- The role of Fat grafting in shaping the new breast, Dr. Charalambos Petrou
- Optimizing Aesthetic Outcome in Microsurgical Breast Reconstruction, Dr. Andreas Gravvanis
- Management of the complicated wound in breast reconstruction, Mrs. Demetra Botsari
08 October 2016

15.45-17.00 TO SHARE MY EXPERIENCE - FREE PAPERS
Discussion: Efterpi Demiri, Andreas Mallouris

- Phyllodes Tumors in Adolescent: A Case Report
  G. Georgiou, I. Zouvani
  Pathology Department Nicosia General Hospital, Nicosia, Cyprus

- Mammoplasty and Pitanguy’s Technique
  H. Zavrides
  Harris Zavrides Plastic Surgery Center, Nicosia, Cyprus

- Revision Breast Surgery
  C. Popa, A. Popa
  Aphrodite Plastic Surgery Centre, Limassol, Cyprus

- Simultaneous Autologous Breast Reconstruction and Lymphoedema Treatment With The “Selected Lymph Node” Technique
  D. Dionysiou¹, E. Demiri¹, A. Tsimponis¹, A. Sarafis¹, G. Arsos²
  ¹ Department of Plastic Surgery, Aristotle University of Thessaloniki, Papageorgiou Hospital, Thessaloniki, Greece.
  ² 3rd Department of Nuclear Medicine, Aristotle University of Thessaloniki, Papageorgiou Hospital, Thessaloniki, Greece.

- Male Breast. Cyprus reality
  C. Matheou, E. Kakouri, Y. Marcou, M. Daniel
  Bank of Cyprus Oncology Center, Nicosia, Cyprus

17.00-17.30 SUMMARIZING - CLOSING
2nd CYPRUS BREAST RECONSTRUCTION MEETING
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